

Mental Health Association - Downtown Mile - 4/29/07

HEAT 2

MEN	OVERALL				
	1JC Crain	Fredericksburg	VA	0:04:27	21
	2Bert Jacoby	Fredericksburg	VA	0:04:33	24
	3Todd Kronenberg	Fredericksburg	VA	0:04:38	24
Men	14 to 18				
	4Adam Tremper	Stafford	VA	0:04:42	18
	6Colt Resnick	Fredericksburg	VA	0:04:47	18
	19Erik Jensen	Fredericksburg	VA	0:05:21	16
Men	19 to 24				
	5jUSTIN Kirk	Fredericksburg	VA	0:04:44	21
	9Matthew Kirk	Woodbridge	VA	0:04:58	23
	11Nicholas Dunford	Fredericksburg	VA	0:05:03	24
	13Mike Resnick	Fredericksburg	VA	0:05:06	22
	17Markus Silva	Fredericksburg	VA	0:05:15	19
	22Jeffrey Mammen	Woodbridge	VA	0:05:37	21
	28Jimmy Price Jr	Stafford	VA	0:05:54	22
	43David Keys	Fredericksburg	VA	0:07:14	19
Men	25 to 29				
	16Justin C. Neibauer	Fredericksburg	VA	0:05:14	26
	20Patrick Early	Fredericksburg	VA	0:05:22	27
	24Seth King	Dumfries	Va	0:05:40	28
	26Jared Hepp	Fredericksburg	VA	0:05:50	27
	27Joe Hogenmiller	Stafford	VA	0:05:53	29
	34Kevin Bouffard	Fredericksburg	VA	0:06:24	26
Men	30 to 34				
	14Bob MacDonald	Fredericksburg	VA	0:05:09	33
	15Paul Campbell	Saint Leonard	MD	0:05:14	33
	29Chris Franklin	Richmond	VA	0:05:59	32
	30David Bridi	Fredericksburg	VA	0:06:00	32
	31Chris Turner	Fredericksburg	VA	0:06:02	33
	42Todd Leggett	Ruther Glen	VA	0:07:09	31
Men	35 to 39				
	7Matt Boyd	Fredericksburg	VA	0:04:49	37
	10Andrew Dolby	Fredericksburg	VA	0:05:02	39
	23Andy Gotchel	King George	VA	0:05:38	35
	25Daryl Chesley	Fredericksburg	VA	0:05:44	37
	32Steven Druiett	Fredericksburg	VA	0:06:05	39
	33James Fasano			0:06:10	36
	37Billy Cox	Herndon	VA	0:06:43	36
	39James Kyle Snyder	Fredericksburg	VA	0:06:53	39
	40Michael Wenzler	Fredericksburg	VA	0:07:03	36
	41Karl Hedgepath	Fredericksburg	VA	0:07:07	36
Men	40 to 44				
	8Sean Killeen	Richmond	VA	0:04:53	41
	12Mike Mesick	Fredericksburg	VA	0:05:05	40
Men	45 to 49				
	18Terry McLaughlin	Spotsylvania	VA	0:05:18	46
	21Jack Bernardes	King George	VA	0:05:23	48
	35David Todd	Manassas	VA	0:06:31	45
	36Pete Cinalli	Fredericksburg	VA	0:06:43	45
Men	50 to 54				

	38 Peter Blank	Annandale	VA	0:06:44	52
HEAT 1					
MEN					
MASTERS					
1	Ted Poulos	McLean	VA	0:05:06	45
2	David Reynolds	Stafford	VA	0:05:15	42
3	Duane Williamson	Warrenton	VA	0:05:20	43
40 to 44					
6	Roger Dalziel	Stafford	VA	0:05:28	42
9	Edmund J Sabo II	Fredericksburg	VA	0:05:34	40
12	Brad H Cranick	Fredericksburg	VA	0:05:39	44
16	James B LaFratta	Fredericksburg	VA	0:05:52	40
22	David Croteau	Stafford	VA	0:06:04	44
27	Jeff Higgins	Fredericksburg	VA	0:06:19	41
30	Ranjit Singh	Fredericksburg	VA	0:06:22	42
35	Jack Hyland	Fredericksburg	VA	0:06:35	43
37	Ward J Warren	Fredericksburg	VA	0:06:42	44
39	Mark Reeves	Fredericksburg	VA	0:06:58	40
40	David Lynch	Spotsylvania	VA	0:07:01	42
45	Michael Busansky	Stafford	VA	0:08:17	42
45 to 49					
4	Terry McLaughlin	Spotsylvania	VA	0:05:22	46
5	Jack Morrison	Hartwood	VA	0:05:24	47
8	Jimmy Price	Stafford	VA	0:05:32	47
13	Dennis Funderburke	Fredericksburg	VA	0:05:43	46
17	Richard Reese	Fredericksburg	VA	0:05:55	46
29	Jeff Stewart	Spotsylvania	VA	0:06:21	45
31	Doug Shilling	Fredericksburg	VA	0:06:28	46
32	James Thull	Fredericksburg	VA	0:06:32	49
34	James Rohr	Warrenton	VA	0:06:33	46
38	Bob Brannon	King George	VA	0:06:50	48
50 to 54					
7	Mike DiSilvestro	Fredericksburg	VA	0:05:30	50
10	Gary Grimsley	Springfield	VA	0:05:36	52
11	Mike Brooks	Fredericksburg	VA	0:05:38	50
14	Rolando Pancotti	Fredericksburg	VA	0:05:47	53
18	David J Smith	Tappahannock	VA	0:05:56	50
19	Paul Weber	Fredericksburg	VA	0:05:57	51
20	Steve Donnelly	Louisa	VA	0:05:59	50
21	Peter Blank	Annandale	VA	0:06:01	52
26	Larry Anderson	Springfield	VA	0:06:13	51
36	Ralph Arquette	Fredericksburg	VA	0:06:36	51
42	John Henderson	Fredericksburg	VA	0:07:06	53
47	Vic Culp	Stafford	VA	0:09:12	50
48	Bob Brammer	Fredericksburg	VA	0:09:35	54
55 to 59					
15	Bobby Stevens	Stafford	VA	0:05:50	58
23	Art Broughton	Fredericksburg	VA	0:06:08	56
25	Allen Vaughan	Stafford	VA	0:06:11	56
41	David Thomen	Stafford	VA	0:07:02	57
44	William Leggett	Elizabeth	PA	0:07:37	59
60 to 64					
24	Ken Baile	Fredericksburg	VA	0:06:10	61
33	Ronald Edington	Fredericksburg	VA	0:06:32	60

	43 William J Murray 65 to 69	Fredericksburg	VA	0:07:26	60
	28 Sammy Merrill	Fredericksburg	VA	0:06:20	65
	46 Charles C Hall 70 to 99	King George	VA	0:08:23	66
	49 Ferris Portner Jr	King George	VA	0:11:37	78
HEAT 3					
WOMEN	OVERALL				
	1 Julia Smith	Tappahannock	VA	0:05:23	38
	2 Leah Schubel	Fredericksburg	VA	0:05:35	16
	3 Ruth Olson	Fredericksburg	VA	0:05:38	44
	MASTERS				
	4 Debi Bernardes	King George	VA	0:05:48	48
	8 Ellen Jones	Fredericksburg	VA	0:06:22	44
	11 Mary Makarowski 19 TO 24	Fredericksburg	VA	0:06:29	42
	15 Juliana Brown	Fredericksburg	VA	0:06:46	21
	37 Lisa Westhoff 25 T20 29	Fredericksburg	VA	0:08:32	21
	6 Elizabeth Jones	Midland	VA	0:05:58	29
	18 Susan Broad	King George	VA	0:07:02	29
	20 Erin Jasper	Fredericksburg	VA	0:07:13	29
	22 Christina Hepp	Fredericksburg	VA	0:07:30	26
	43 Tracy Weier 30 TO 34	Stafford	VA	0:09:37	28
	9 Victoria Jsparro	Fredericksburg	VA	0:06:23	33
	10 Etta Agan Bradecamp	Warrenton	VA	0:06:28	33
	17 Caren Walker	Fredericksburg	VA	0:06:59	34
	40 Jackie Zywiak	Spotsylvania	VA	0:08:59	31
	41 Sarah Walsh 35 TO 39	Fredericksburg	VA	0:09:21	34
	5 Karen Killeen	Richmond	VA	0:05:57	38
	7 Debra Durocher	Fredericksburg	VA	0:06:17	39
	19 Karen-Marie Hyland	Fredericksburg	VA	0:07:04	36
	21 Amy Sabo	Fredericksburg	VA	0:07:24	35
	26 Cassy Murphy	Fredericksburg	VA	0:07:40	37
	27 Donya Arias	Fredericksburg	VA	0:07:53	38
	34 Tricia Leggett	Ruther Glen	VA	0:08:19	35
	44 Martha Mesick 40 to 44	Fredericksburg	VA	0:09:39	36
	12 Helena Bozarth	Fredericksburg	VA	0:06:34	40
	28 Linda Hutt	King George	VA	0:08:02	41
	31 Tina Jackson	Fredericksburg	VA	0:08:05	41
	33 Julie Weber	Fredericksburg	VA	0:08:18	41
	39 Sally Bennett 45 to 49	Fredericksburg	VA	0:08:57	40
	13 Mary Mooney	Fredericksburg	VA	0:06:37	49
	23 Deborah McGee	Fredericksburg	VA	0:07:31	48
	24 Lynne Millholland	Spotsylvania	VA	0:07:35	47
	25 Nancy Cooper	Colonial Beach	VA	0:07:36	48
	30 Beth Venable	King George	VA	0:08:05	49
	46 Candice Bautista	Fredericksburg	VA	0:10:05	47
	47 Satoko Price 50 to 54	Stafford	VA	0:10:07	45

	16	Jean L Lauzon 55 to 59	Spotsylvania	VA	0:06:48	53
	14	Nancy Crippen	Stafford	VA	0:06:45	59
	35	Jannette Martin	Fredericksburg	VA	0:08:25	56
	36	Kay Ravdin	Fredericksburg	VA	0:08:30	56
	38	Alice Hough 60 to 64	King George	VA	0:08:42	58
	42	Marcia R Hall 65 to 69	King George	VA	0:09:29	63
	29	Arlowene Garland 70 AND OVER	Warsaw	VA	0:08:03	68
	32	Tami Graf	Lusby	MD	0:08:15	70
	45	Betty Dameron	Fredericksburg	VA	0:10:04	71
HEAT 4 & 5 CONSOLIDATED						
Men		0 to 7				
	14	Ryland Zywiak	Spotsylvania	VA	0:07:34	7
	19	Kellen Reeves	Fredericksburg	VA	0:07:42	7
	28	Luke Durocher	Fredericksburg	VA	0:08:12	6
	29	Trevor Leite			0:08:21	7
	33	Christopher Klopp	King George	VA	0:08:48	7
	34	Tyler Knepshield	King George	VA	0:08:53	6
Men		8 to 10				
	2	Alex Workman	Fredericksburg	VA	0:06:41	8
	5	Jair Stewart	King George	VA	0:06:48	10
	6	Justin Jenkins	King George	VA	0:06:49	9
	7	Stephen Klopp	King George	VA	0:06:50	8
	8	Christian Koon	King George	VA	0:06:57	9
	9	Kyle Knepshield	King George	VA	0:06:58	8
	11	Colton Southall	King George	VA	0:07:05	10
	12	Neil Schubel	Fredericksburg	VA	0:07:19	10
	21	Nathan Irej	King George	VA	0:07:46	9
	24	Kory Cooper	King George	VA	0:08:03	9
	25	Thomas Durocher	Fredericksburg	VA	0:08:06	8
	32	Justin Scott	King George	VA	0:08:42	9
	36	Jonah Bryant	King George	VA	0:09:11	9
Men		11 to 13				
	3	De'Shon Brown	Jersey	VA	0:06:14	12
	4	Brian Quintana	Stafford	VA	0:06:15	12
	5	Garrett Horne	Fredericksburg	VA	0:06:24	11
	7	Peter Stoffel	Fredericksburg	VA	0:06:33	11
	4	David Fletcher	Fredericksburg	VA	0:06:47	11
	16	John Buckner	King George	VA	0:07:38	11
	12	Jamonte Parker	King George	VA	0:07:47	11
Men		14 to 18				
	1	Brandon Clodius	Fredericksburg	VA	0:05:10	18
	2	Andrew Hansen	Fredericksburg	VA	0:05:48	17
	8	Eric Higgins	Fredericksburg	VA	0:06:35	14
WOMEN		0 TO 7				
	31	Kenady Horne	Fredericksburg	VA	0:08:33	6
	35	Caroline Jones	Fredericksburg	VA	0:09:01	6
	39	Nora Workman	Fredericksburg	VA	0:09:44	6
	41	Emma Pallotti	King George	VA	0:10:17	7
WOMEN		8 to 10				

	1 Peyton M Curry	Stafford	VA	0:06:33	10
	9 Chase Mullins	King George	VA	0:06:56	10
	13 Brehna Germer	King George	VA	0:07:21	9
	15 Rheagan Horne	Fredericksburg	VA	0:07:36	8
	17 Camryn Curry			0:07:38	8
	18 Danielle Fletcher	Fredericksburg	VA	0:07:41	9
	20 Allison Hansen	Fredericksburg	VA	0:07:45	9
	26 Katherine Sabo	Fredericksburg	VA	0:08:06	8
	27 Jenna Heiston	King George	VA	0:08:07	10
	37 Victoria Grant	King George	VA	0:09:12	8
	38 Meredith Snyder Radel	King George	VA	0:09:37	10
	42 Mallory Gallagher	King George	VA	0:10:27	8
WOMEN	11 to 13				
	10 Jamia Jones	King George	VA	0:07:04	11
	11 Taraisia Flynn	King George	VA	0:07:43	12
	13 Libby McGraw	King George	VA	0:07:51	11
	22 Tiyanna Brown	Jersey	VA	0:07:57	11
	23 Kelly Cranick	Fredericksburg	VA	0:07:58	11
	30 Brittany Austel	Fredericksburg	VA	0:08:24	11
	40 Victoria Zywiak	Spotsylvania	VA	0:10:12	11
WOMEN	14 to 18				
	6 Bethany Quintana	Stafford	VA	0:06:26	14
	3 Katie Arquette	Fredericksburg	VA	0:06:46	16
WOMEN	45 TO 49				
	10 Kathleen Dooley	Fredericksburg	VA	0:07:21	46