



Fredricksburg Area Running Club



Membership Form

Join online at <http://www.runfarc.com/membership>

Membership includes:

- Free educational seminars
- Running support and training opportunities
- Discounts on FARC races!
- Discounts at local stores
- Merchandise Discounts
- Regular weekly runs and monthly social runs
- Club Summer and Winter events/parties

FARC Mission Statement

Members of the club believe that running enhances both the health and happiness of its participants. The club, in furtherance of this objective, will promote and encourage recreational running in the Fredericksburg community through education of the community on the benefits of physical fitness and sport. The club may hold group runs, fun runs, championships, races on the road and track, and time trials; may put on lectures, demonstrations, and social events; may print and publish books, magazines, and newsletters; make awards; conduct fund raising events; and do all such other things as may be conducive to the encouragement of running. FARC is a registered non-profit organization and a member of the Road Runners Club of America.

Please print legibly and turn in at race event or mail to address given at bottom of page

Date: _____ Name: _____ Gender: _____ Date of Birth: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Phone (preferred #): _____ Email: _____

Years (select one): 1 Year 2 Years (double below fees)

Category (select one): Individual \$25 Family \$30 Full-time Student \$15 Sponsor \$50

Total Amount Enclosed: _____

Enter additional family members below:

Name: _____ DOB: _____ Gender: _____

Name: _____ DOB: _____ Gender: _____

Name: _____ DOB: _____ Gender: _____

Name: _____ DOB: _____ Gender: _____

WAIVER, RELEASE, AND INDEMNITY AGREEMENT: I agree that I am a member of Fredericksburg Area Running Club (hereinafter "FARC"), and I know that running in and volunteering for organized group runs, social events, and races associated with FARC are potentially hazardous activities, which could cause injury or death. I will not participate in any club organized events, group training runs or social events, unless I am medically able and properly trained. I certify that I am medically able to perform all activities associated with FARC and am in good health, and I am properly trained. I agree to abide by all rules established by FARC, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of FARC and agree to abide by them. I assume all risks associated with being a member of FARC and participating in all club activities, which may include but not limited to: falls, physical contact with other participants/members, volunteers, race personnel, contract service providers, employees, and spectators including the potential the contraction of a communicable disease resulting from contact with other participants/members, volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity; freezing cold temperatures; traffic and the conditions of the road including surrounding terrain. I further agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of the 2019 Novel Corona-virus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I assume all such risks being known, appreciated, and accepted by me. I will abide by all rules of FARC. Having read this waiver and knowing these facts and inconsideration of your accepting my membership, I, for myself and anyone entitled to act on my behalf, waive and release the Fredericksburg Area Running Club and the Road Runners Club of America, all club sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in FARC activities, even though that liability may arise out of negligence or carelessness on the part of the persons or organizations named in this waiver. In addition, I acknowledge the contagious nature of COVID-19 and other communicable diseases and voluntarily assume the risk that I may be exposed to or infected by COVID-19 and/or other communicable diseases by participating in any activities associated with FARC. I acknowledge that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 in connection with my participation in any club activities, and personally assume this risk. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of FARC for any legitimate purposes. I understand that FARC does not provide for refunds in the event of cancellations of services, and by signing this waiver, I consent that I am not entitled to a refund if any club activities including events are canceled.

Primary Member Signature: _____ Date: _____

If under 18, Parent or Guardian Signature: _____ Date: _____