

# FARC Board of Directors Meeting

March 21, 2024

Zoom Call

## Call to Order

- Meeting Called to Order at 7:01pm by President, Brian Pessolano

## Board Members

- In Attendance: Brian Pessolano, Vic Barthelemy, David Lovegrove, Rebecca Ivester, Jeff Haber, Tony Luna, Will Triplett
- Absent: Andrew Wood, Tracy Lloyd
- Quorum Present? Yes

Others Present: Vic Culp, Adam DiMatteo, Angela Anderson, Kristen Loescher, Robyn Lee

## Approval of the Minutes

- Motion by Vic Barthelemy to approve the minutes of February 15, 2024 as circulated
- Seconded by Rebecca Ivester and carried without dissent

## Reports of Officers

- Treasurers Report (Tony Luna)
  - Check for FredNats 5K cleared last week
  - Checks were received from Lucky Road (\$500), GTR (\$250), and Paragon (\$1,000)
  - Mary Washington invoice was sent for Spring Fever 5K
  - Check written to Jeff Haber for deposit on FredNats social (members will receive discounted tickets)
  - Balance statement reviewed - detailed accounts reviewed
  - Invoice for magnets was received and will be paid
  - Tony stated he has the club debit card now to make payments
  - Brian received the check from Sheehy and will provide to Tony
  - Vic Culp inquired about filing taxes. He recommended filing taxes via online form, but made the board aware that there is a \$70 charge to file online
  - Motion by Vic Barthelemy to approve the treasurer's report. Seconded by Rebecca Ivester and carried without dissent.

- Vice President (Vic Barthelemy)
  - 30 children ran at the Ospreys practice tonight
  - Try-outs for track seasons occur now so some kids will leave
  - GTR is pushed during training sessions
  - Last practice will be on May 2nd and will start again in the summer

#### Reports of Committees

- Merchandise (Vic Barthelemy)
  - Magnets for 30th Anniversary are ready to be picked up. David Lovegrove agreed to pick them up
  - During February, the club sold \$596 retail
  - There are still hoodies left and available for 50% off
  - Seat covers and buffs were giveaways at the last races
  - Beanies were handouts at the Dahlgren Half. The rest went back to Lucky Road
  - Summer merchandise was put on display at Lucky Road. We have 22 lady's t-shirts, 47 men's tank tops, 10 men's t-shirts, and 25 ladies tank tops
- Grand Prix (Shawn Carrington)
  - Race Director, Chris Koehler, provided an update on Devil's Den
    - Arsenal events and RunSignup information is updated and ready to go
    - Approval has been received from the Culpepper Sports complex
    - There is a \$240 registration fee and deposit which will have to be paid within 48 hours of registration
    - They requested a copy of additional insurance
    - Culpepper High School is supporting with volunteers
    - Subaru looks like they are willing to support
    - River Rock is available for packet pickup and will provide age group awards
    - VDOT application is good to go
    - Registration is now open
    - Chris Koehler was asked to submit the budget to the FARC board
  - Brian Pessolano provided Grand Prix updates for Shawn Carrington
    - The 100,000th Grand Prix finisher is expected during the Spring Fever 5K
    - A plaque is ordered from Crown Trophy plus Lucky Road is donating shoes
    - Brian Pessolano will reach out to Red Dragon for a gift certificate
    - Brian Pessolano suggested a finish banner from Arsenal and maybe a confetti cannon to "greet" the runner at the finish line. This is tabled in order to find out if something can be done at the finish line.
- Social Committee (Jeff Haber, Robyn Lee, Adam DiMatteo)

- Robyn Lee is in charge of the FredNats social
  - FredNats will be similar to last year's setup. Robyn Lee is concerned that 70 tickets will not be enough, so should we expand the number of tickets or create a wait list? This topic was tabled to get more information
  - Adam DiMatteo updated the FredNats social event page. Info will be sent off to members via email and with the monthly newsletter, including a link for ticket signup.
  - Adam DiMatteo will handle Red Dragon for social runs from now on
- Newsletter (Will Triplett)
    - The newsletter continues to have a high opening rate
    - There will be a lot of content in the March newsletter
    - The newsletter will be sent out no later than 3/25 in the morning, so please provide input by 3/23

#### Old Business

- 30th Anniversary of Club
  - April 7, 2024 will be the anniversary date
  - FARC wants to do something cool that day - maybe hand out magnets at Saturday's run and have donuts
- Runner Training (Rebecca Ivester)
  - MCHH training is going well
  - The 13+mm pace group is hard. We want to be inclusive, but walkers are hard to include in this training program
  - There are no fast-paced groups present
  - Rebecca Ivester suggested to shift a couple of pace groups and welcomes feedback to make the training program better
  - Routes on Strava will be sent out to the trainees
  - Hydration will be provided on course with Lucky Road's assistance

### New Business

- MCHH Expo booth staffing is required and we need to decide what activity we'll have at the booth. Having the booth is a good recruiting tool
- Brian Pessolano will ask FARC members to step up to take the lead for the booth
- Kristin Loescher wants a booth space. Angela Anderson will send her the link to sign up.
- Vic Barthelemy is meeting with Stone Brewing tomorrow for the beer garden at MCHH. Jeff Haber volunteered to assist. Andrea Siegel, with MCMO, is in contact with Vic Barthelemy.

### Around the Table (Chicken)

- Kristen Loescher
  - Check is ready to be mailed for Slamrock
- Vic Culp
  - The deadline for the scholarship is April 15 and votes have to be in by May 1
- Will Triplett
  - Runner safety training will be held on 4/20. Twelve people have signed up out of 20

### Adjournment

- Motion by Brian Pessolano to adjourn the meeting
- Seconded by Vic Barthelemy and carried without dissent
- The meeting was adjourned at 8:00pm

Minutes submitted by Angela Anderson on March 26, 2024