



P.O. Box 3653

Fredericksburg, VA 22402

## **FARC Board of Directors Meeting**

July 17, 2025

Courtyard by Marriott, Fredericksburg, VA

### Call to Order

- Meeting Called to Order at 7:03pm by President, Denise Freeman

### Board Members

- In Attendance: Denise Freeman, Angela Anderson, Vic Culp, Amber Hayghe, James Kemp, Will Triplett, Gerry Griffin, LaTonya Turner, Tracy Lloyd
- Absent:
- Quorum Present? Yes

Others Present: Kristen Loescher, Jeff Haber

### Approval of the Minutes

- Motion by Angela Anderson to approve the minutes of June 18, 2025 as circulated.
- Seconded by James Kemp and carried without dissent.

### Reports of Officers

- Treasurers Report (Vic Culp)
    - Motion by Tracy Lloyd to approve the treasurer's report as circulated.
- Seconded by Gerry Griffin and carried without dissent.

### Reports of Committees

- Ospreys
  - Dana Mills forwarded some Ospreys information which Amber Hayghe posted on our socials and forwarded to Will Triplett for the next newsletter.
  - Ospreys started today and doesn't need coaching help at this time.

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- Merchandise
  - Tracy Lloyd responded to Bill from Recover requesting a meeting, but hasn't received a response.
  - Brian Pessolano provided the link to the FARC logo Vector graphic.
  - Requirements: get samples of screen print or sublimation in 2 different materials, have the ability for club members to order online and have small inventory at races
  - Suggested companies: Best Products in Caroline County, Crown Trophy, Kristen Loescher will email Tracy Lloyd the name of the team store that services schools
- Grand Prix (LaTonya Turner, Gerry Griffin)
  - Finished the 6th race of the series and hopefully participation numbers will improve so we can move through the medal inventory
  - Next race is Devil's Den on 8/17 and we need to continue to advertise.
  - GP committee met a couple of weeks ago and reviewed and updated race agreements. Those new race agreements have been sent out to race directors.
  - GP committee worked on the agenda for race director's meeting, which will be on 7/19, 1-3pm, at the downtown library. Two race directors will be out of town, but will try to send a proxy. The race agreements will be reviewed in the meeting.
  - Tree of Life 5K will be a new race for next year and will be held on 3/22.
  - Arsenal Events will have the Dahlgren Trail, a new Valentines's Day race, Plaid to the Bone, and Blue and Gray.
  - Patty Kramer is leaning heavily towards no longer having the FredNats race for 2026 because there is another race at the stadium with the same route within 6 days of FredNats.
  - At the last race, several members asked where the FARC tent was and we should have a presence at all races. The FARC tent is a club responsibility and not at GP Committee responsibility.
    - We should solicit volunteers for every race (includes getting stuff from storage, setting up, breaking down, and returning to the storage shed).
    - Denise Freeman and/or Amber Hayghe will discuss doing the tent for Devil's Den.
    - We used to have volunteer requirements as part of the GP so maybe we can revisit it.
    - Tracy Lloyd will document volunteer roles and responsibilities and work with Edwin Ridout to add it to our website.

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- Maybe a section can be added to the FARC membership page in RunSignup to let people know how to get involved.
- Immediate focus will be on getting volunteers for Devil's Den and Downtown Mile. Amber Hayghe will solicit volunteers on socials and Will Triplett will solicit volunteers via the newsletter.
- Social Committee (Jeff Haber)
  - LJ Darcy has been doing a great job on pop-up socials. Here's the rest of the pop-up social schedule:
    - 7/30, Reclaim Arcade following a run in Idlewild
    - 8/10, kayak at Mott's Run and eat at Eden Try Winery
    - 8/28, karaoke at Billikens
  - Kristen Loescher recommended a social run at River Rock in Central Park, maybe in September. They're going to be a race sponsor for Plaid to the Bone, and want to have a gently used flannel swap.
  - The social pop-up season will end in early September and the last one will be at the regular October social run where we'll give out awards.
  - Vic Culp said he hasn't received any receipts for social runs, except from Jeff Haber, so the social committee needs to send in their receipts within 2 months.
- Newsletter (Will Triplett)
  - The newsletter is still going strong. The last newsletter had 233 people open on the 1st day, and 41 on the 2nd day, so it's still the best way of communicating.
  - The next newsletter will be sent out on 7/27 and input is due to Will Triplett by 7/24.

## Old Business

- MCM Bib Sales
  - Vic Culp sent invoices to 13 people and has a waitlist of 15 people. He's holding 2 bibs for club members, otherwise will open to waitlist, but they have to submit the request by 7/20.
  - Amber Traunero from MCM will give the link to Vic Culp to pass out to people once they've paid.
  - Bibs aren't transferrable.
- Downtown Mile
  - Need someone with a truck to bring equipment from the city and FARC shed to the race and to return after the race.
  - Also need 3 volunteers for finish line.

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- Amber Hayghe will put out the request for volunteers on our socials and Will Triplett will put it in the newsletter.
  - Fredericksburg City says they rent equipment by the day, so if we don't return until Monday, do we pay for the weekend? For GTR, they returned equipment on the same day as the race.
  - Angela Anderson talked with Ryan Merrill from Fredericksburg City Police and said everything is correct in his spreadsheet and he'll send the officer names when he has them.
- Summer Track Series
    - The track series has been lots of fun and the social pop-up at the track series was great
    - Deb Jockin is using her own money to do a little party at the final run on 7/29

#### New Business

- Saturday group run announcements/picture duties
  - In the past, the president or VP handled group run announcements and picture duties.
  - It was recommended to rotate board members and whoever is there, sends the picture to Amber Hayghe to publish on our socials.
  - The board member would welcome new people to the run, find out how distance and pace new people are running, team them up with others, share next GP race and social run.
- Parks & Rec Day of Play at FredNats
  - Parks & Rec is charging \$50 to table at the Day of Play event at FredNats Stadium on 9/21, 11-4pm. Vic Culp recommends we do it since it's a good way to reach out to community and we have existing budget to do it. Vic Culp and Angela Anderson will handle the tabling.
- 2026 RRCA Convention
  - Through the end of this month is the lowest price (\$399) for next year's convention.
  - If we nominate people for awards, then they might get free convention entry.
  - Motion by Vic Culp to have the club pay for 4 people (initially Vic Culp, Denise Freeman, Angela Anderson, and Amber Hayghe but the people can change later) at \$399 per person to attend the 2026 RRCA Convention in Arlington, VA. Seconded by Gerry Griffin and carried without dissent.

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- Host a Future RRCA Convention
  - If we really want to do it, we need to establish a committee, contact RRCA and present our case of why they should hold it here, and a race needs to be attached to it, reserve ballrooms for meetings/banquets, etc. and we need to get started now.
  - Last time we hosted, there were about 300 people and people really enjoyed having it held across Fredericksburg rather than just in a hotel. The club sponsored morning runs, breakfast at Brock's, break-out sessions, etc.
  - Angela Anderson is willing to lead the event, but it will take all of us.
  - Recommended having Angela Anderson call RRCA to see what is required and when the next convention is available (hoping for 2028 or 2029).

#### Around the Table (The Pig)

- Gerry Griffin
  - The next DC Monuments Fun Run will be on 8/3 and we'll meet at 7am at the Columbia Marina/Lady Bird Park
- Angela Anderson
  - Talked with team at marathon to volunteer coordinator. FARC will have 5 volunteers for the MCM beer garden and the rest will come from the public.
- Tracy Lloyd
  - The club got an email from a King George family that is collecting used shoes (men, women, and kids) to be donated to impoverished countries to help establish micro-businesses for them. The goal is to collect 400 pairs of shoes in 30 days.
  - The board agreed on the following events/dates and if the requester agrees to collect the shoes on those dates, then we'll publish info on our socials and newsletter
    - Saturday run on 7/26 at 7am
    - 3H half marathon and 50K in King George on 8/2 (loop in Kristen Loescher if the requester agrees to pick up the shoes)
    - Social run on 8/13 at 6pm at Red Dragon Brewery

#### Adjournment

- Motion by Tracy Lloyd to adjourn the meeting.
- Seconded by Gerry Griffin and carried without dissent
- The meeting was adjourned at 8:15pm

Minutes submitted by Tracy Lloyd on July 20, 2025

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