



2026 GRAND PRIX

**1/31 DAHLGREN TRAIL HALF
(13.1)**

**2/14 LOVE THE RUN YOU'RE
WITH (4 MILER)**

3/22 TREE OF LIFE (5K)

4/11 SPRING FEVER (5K)

5/23 HEPPE 15K

6/14 SPRING FEVER (5K)

7/4 FALLEN HEROES (5 MILER)

8/16 DEVIL'S DEN (10 MILER)

9/19 DOWNTOWN MILE

10/11 PLAID TO THE BONE (10K)

11/7 GUS 5K

12/6 BLUE & GRAY HALF (13.1)

**FREDERICKSBURG AREA
RUNNING CLUB**