

FARC Board of Directors March Minutes

March 19, 2026

Courtyard by Marriott, Fredericksburg, VA

Call to Order

Call to Order 7:04 p.m. by Denise Freeman, President. We do have a Quorum.

Attendees

Denise Freeman, James Kemp, Will Triplett, Allison Xanthopoulos, Amber Hayghe, Angela Anderson, LaTonya Turner, Michelle Sledge, Jim Lafferty, Kristen Loescher, Gerry Griffin

Approval of Minutes

James Kemp made a motion to approve the minutes with a secondary from Amber Hayghe. All board members approved.

***Approval of Financial Report**

Treasurer Vic Culp was not in attendance. Denise Freeman asked if there were any questions. No questions. A motion by Gerry to approve written report with a second from Will Triplett. All board members approved.

Old Business:

***scholarship program**

The information was submitted to the Ospreys. Dana will be sending information to families with the deadline of interest by our next board meeting. There has been no communication at this time.

***farmers market volunteers/ for spring, summer**

Denise has been in touch with city and will be applying tomorrow for booths on April 25th and August 29th.. We need 2 volunteers for each day for setup update It was suggested to choose another date in September to coincide with the Downtown Mile Maybe on September 12th. Also suggested to put volunteer needs in the Run Signup platform with the races. Tabled until next meeting.

***christmas parade**

Angela is reporting. Our fee to participate as a 503c is \$175. The registration opens in August to participate. To begin Angela and LaTonya will lead and start to form committee to decided on theme and plan.

Master Schedule

Vic and Edwin have been working on the calendar. The question presented was Will the calendar be customer facing or board facing? The board decided to be board facing to begin with so that we can work on schedule and fine tune the calendar itself. Then we will change to customer facing at a later date. This was tabled until next meeting to discuss further.

MCHH & MCM

The decision was that Denise will be working MCHH and Gerry will be working Marine Corps Marathon. Joe from Stone Brewing has sent email regarding coordination for MCHH and Denise will respond. Amber will write after action report for the post marine corps marathon to give further insight to Marine Corps Marathon Organization as well as FARC for this year. FARC will also start promoting on social and volunteer registration will open April 1st. There is Expo space from 9 – 6. Volunteers needed 2 per shift. Allison will work on volunteers for this event.

New Business:

***should committees be added back to BOD meeting?**

Gerry and James stated that we should speak to all committees every meeting. This is to give updates that are needed to the board. Denise suggested to list committees on agenda for significant things to report. Committee lead will reach out to us if they desire to be listed on agenda or not. This was tabled to next meeting

***vote on purchase of sound system**

The board did vote to purchase new sound system. Denise will talk to Vic and move forward with purchasing sound system. LaTonya will be keeping the system.

***trail series update**

Everything is ready for the opening trail run on 3/29. Amber will move forward with social media communication and last minute push for runners.

***preventing race conflicts: board approval for offers given to committees?**

Discussion was that the calendar should help to de-conflict with some of these requests. We would put the items on the calendar and/ or email for review by board or race directors and then move forward if appropriate.

***check-in about TOL 5k this Sunday**

LaTonya has given Gerry the first medals for the 3rd race of the Grand Prix series. The participants of 2025 will receive 2026 piece to place on the base. The first time participants will receive a base. Kristen and her team will have the list to make the announcement. Denise has everything needed for this weekend.

Saved Rounds

Will---inputs for Newsletter by 26 March and release.

LaTonya – Will not be seeking the Grand Prix position after her term ends. She stepped in role 6 months early and will be in the role 2 ½ years at completion.

Gerry – This Saturday ends the 10K training. The participants will run the 10K event this Saturday. Monday starts half marathon training 73 people signed up.

Amber will be working on self defense seminar for our runners. She will notify board of a scheduled date when determined.

Gerry made a motion to adjourn the meeting. James seconded. The meeting was adjourned at 8:18 p.m.